

“Claim Your Voice ~ Claim Your Power”

How to Empower Your Voice, Express Your True Self and Enhance Your Success

Do You Want ...

- **To awaken and express your inner power?**
- **To communicate passionately and clearly in any situation?**
- **To sing with more joy and freedom?**
- **To use your body effectively for powerful communication?**
- **To be seen and heard for who you really are?**

You have a gift, a unique voice in this world that is meant to be heard.

Overcome your fears and use that powerful voice to express your true self!

Your voice is the means for expressing your life purpose. It continually seeks expression. You were meant to find your true voice, engage your power, and fulfill your life purpose

This gathering will combine singing techniques with vocal empowerment and experiential insights. Invest in yourself and step up to a whole new level of self- discovery. Come join us as we sing, play, and claim our aliveness. Experience the feeling of unity and harmony in song and fellowship. This unique workshop mixes spiritual principles with practical vocal techniques to help you gain increased clarity, willingness and ability to express yourself, and personal power so you can accelerate your results and level of success!

Workshop Outline

Join us for a weekend workshop that could transform your life. We will use vocal exercises, choral singing, games, small group work and guided visualizations to:

- **Connect with your inner resources so your communication is powerful and compelling**
- **Learn the basics of vocal projection and other practical techniques to make your breathing, singing, and speaking easier and more effective**
- **Overcome your fears about singing and speaking in public**
- **Be more comfortable with who you are and more willing to be seen and heard**
- **Identify how you may currently be under- utilizing your power, losing the trust and confidence in yourself and your audience – even if that is just one person**
- **Gain the confidence to step into your dream**
- **Drive your business to new levels as you become more empowered to use your authentic voice and attract your ideal client**

Who This Workshop Is For

- **Singers and performers**
- **Speakers and presenters**
- **Facilitators and trainers**
- **Leaders and coaches**
- **Healing practitioners**
- **Entrepreneurs and sales professionals**

If you ...

- **would like to achieve career advancement**
- **enhance your communication skills**
- **are seeking more creative expression**
- **wish to enhance your relationships**

Then call 229- 9321 to register or for more info.

Workshop Facilitator

Patty Shortreed is an international singer, and educator. She facilitates voice and empowerment workshops, is a recording artist and concert performer, a vocal teacher, as well as a spiritual life coach. She holds a master's degree in organization effectiveness from Pepperdine University and has more than 25 years' experience in business, public speaking, workshop design and facilitation. One highlight of her career to date was singing on Oprah's stage.

Her coaching inspires people to speak up, awaken their authenticity, and be a powerful presence in meetings, when giving a presentation, or simply in one-on-one situations. Whether singing or speaking, she communicates with presence, connecting with the deep emotions of her listeners.

Workshop Details

Date March 2 - 4, 2007
Time Fri 6pm - Sun 6 pm inclusive
Place The Healing Forest 5034 49 Street Olds AB
Tuition \$395+ GST (\$418.70)
Register 866- 229- 9321 by February 23, 2007

REGISTER and pay in full by February 16, 2007
Receive a FREE 1 hour coaching session VALUED AT \$125

(Limited enrollment. No refunds. Fees may be transferred to another program if cancellation received by Feb 23, 2007 for a transfer fee of \$75. Transfers valid up to 6 months of original registration date. Fees forfeited for cancellations received after Feb 23, 2007.)

Registration Form

Name _____

Address _____

City/Prov _____ PC _____

Phone (H) _____ (W) _____ (C) _____ (F) _____

Email _____

VISA/MasterCard _____ - _____ - _____ - _____ Exp ____ / ____ Amt\$ _____

Signature _____

Fax To: 403- 229- 9320 Mail To: Box 82071 Scarboro PO, Calgary T3C 3W5 Toll Free: 1- 866- 229- 9321

Email: pattyshortreed@pattyshortreed.com
Please make cheques payable to *Patty Shortreed & Associates*

What Others Have Said

"I realized my heart's desire. I learned to trust my voice"

Trish Barr-Mendis

"I connected with the power of my voice, discovering inner strength!"

Mary Campbell

"You have allowed me to walk through what was once a closed door. To actually be singing is so amazingly fun and liberating!! It brings tears to my eyes to be doing what I have wanted to do for many, many years."

Terry Harpur

"Patty is an excellent facilitator ~ the Dr. Phil of spiritual workshops."

Enid Dufresne

"Patty is extremely good at connecting with people and helping guide them towards their goal."

Dean Brumwell